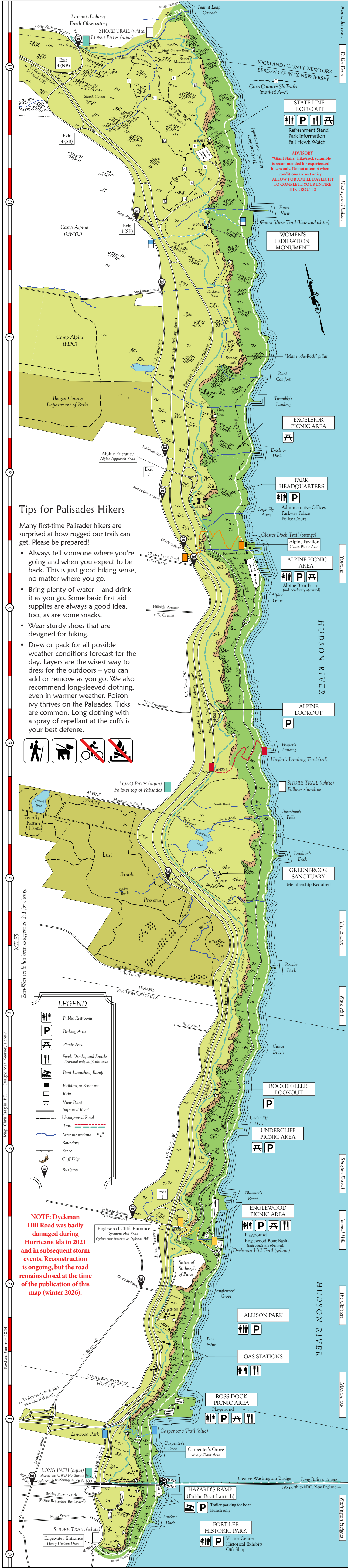




Tips for Palisades Hikers

Many first-time Palisades hikers are surprised at how rugged our trails can get. Please be prepared!

- Always tell someone where you're going and when you expect to be back. This is just good hiking sense, no matter where you go.
- Bring plenty of water – and drink it as you go. Some basic first aid supplies are always a good idea, too, as are some snacks.
- Wear sturdy shoes that are designed for hiking.
- Dress or pack for all possible weather conditions forecast for the day. Layers are the wisest way to dress for the outdoors – you can add or remove as you go. We also recommend long-sleeved clothing, even in warmer weather. Poison ivy thrives on the Palisades. Ticks are common. Long clothing with a spray of repellent at the cuffs is your best defense.



NOTE: Dyckman Hill Road was badly damaged during Hurricane Ida in 2021 and in subsequent storm events. Reconstruction is ongoing, but the road remains closed at the time of the publication of this map (winter 2026).

PALISADES INTERSTATE PARK
In New Jersey

APRIL – OCTOBER:
PARK OPEN 6 AM - 9 PM
NOVEMBER – MARCH:
PARK OPEN 6 AM - 7 PM

Metered parking may be in effect at park areas!
Check before you go: njpalisades.org/parking

PARK HEADQUARTERS (Administrative Offices) are open Monday through Friday, 8:30 AM - 4:30 PM. Phone: 201-768-1360.

PARKWAY POLICE DESK is staffed at all times: 201-768-6001 – In an emergency, call the Parkway Police before calling 9-1-1.

BOATING

Trailer-pulled jet skis & boats up to 24 feet long can be launched at Hazard's Ramp (closed during winter months). Car-top boats (kayaks & canoes) can be launched year-round at the beaches at Englewood & Alpine Picnic Areas.

CYCLING is allowed on Henry Hudson Drive and Old Route 9W. Cycling is not allowed on any trail, paved pathway, or Dyckman Hill Road (Englewood Cliffs park entrance). Cyclists must wear helmets and stay right, and groups must ride single file and obey all traffic and park regulations.

FISHING & CRABBING are allowed along the Hudson River shore throughout the park. Licenses are not required, but visitors must comply with all NJ DEP regulations, such as limit and size restrictions, and should follow advisories for what is safe to eat.

FORT LEE HISTORIC PARK VISITOR CENTER is open Wednesday through Sunday, 10 AM - 4:45 PM. For school group information, please call 201-461-1776.

GREENBROOK SANCTUARY is open to members of Palisades Nature Association. PNA membership is available to all – learn more at GreenbrookSanctuary.org.

HIKING & SKIING

Hiking trails are marked with colored rectangular blazes. Both the riverfront Shore Trail and the cliff-top Long Path traverse the length of the park. Five connecting trails and both ends of the Shore Trail link shoreline to summit.

Over 5 miles of cross-country ski trails, marked A–F, are accessible at State Line Lookout (these trails are open to hikers year-round). Skiing is also allowed on the regular hiking trails, but skiers should scout these trails before attempting them.

Hikers and skiers can find route descriptions, tips, and more at njpalisades.org.

THE KEARNEY HOUSE (park history house) is open from May through October on most weekend and holiday afternoons and for special events.

PETS, where allowed, must be leashed at all times. Please clean up after your pet.

PICNICS & BARBECUES

Picnicking is allowed throughout the park – trail areas are “carry-in, carry-out.” Barbecues are allowed only at the park’s riverfront Picnic Areas. Waste receptacles and some grills are provided, or visitors may bring their own grills (do not place grills on tables). Campfires are not allowed. For group picnic information, please go to njpalisades.org/permits.

SPECIAL EVENTS & PUBLIC PROGRAMS are held throughout the year and are open to all at no or minimal cost – for a full listing, please go to njpalisades.org/programs.

STATE LINE LOOKOUT “LOOKOUT INN” refreshment stand is open 9:30 AM - 5 PM. Call to confirm: 201-750-0465.

Park visitors are required to follow all regulations for the use of PIPIC parklands, as well as regulations posted within the park. Visitors can find a full listing of PIPIC regulations at njpalisades.org.



Always check at njpalisades.org for updates on trail & road closures etc!



THE PALISADES INTERSTATE PARK
In New Jersey

is part of more than 100,000 acres of parks and historic sites that the PALISADES INTERSTATE PARK COMMISSION manages for New York and New Jersey. The two states formed the Commission in 1900 to stop the destruction of the Palisades by stone quarries, which were blasting the famous cliffs for crushed stone.

THE NEW JERSEY PARK is about 12 miles long and half a mile wide, with 2,500 acres of wild Hudson River shoreline, uplands, and cliffs.

VISITORS FIND IN THIS PARK more than 30 miles of hiking and ski trails, a boat launching ramp, a scenic riverside drive, a cliff-top parkway and overlooks, riverfront picnic areas and playgrounds, a nature sanctuary, historic sites and markers – and mile after mile of rugged woodlands and vistas just minutes from midtown Manhattan!

The Palisades Interstate Park is a National Historic Landmark.

The Palisades Cliffs are a National Natural Landmark.

The Long Path and the Shore Trail are National Recreation Trails.